



**Elements of A Preference Assessment**

This assessment should be reviewed and updated approximately once a month to assure is it reflects the preferences of the individual and systematic exposure to different activities are occurring. The assessment should be used to inform positive behavior supports, goals, services, daily schedule, and potential reinforcers.

Name of Individual: \_\_\_\_\_ Pronouns: \_\_\_\_\_

Date(s) of Assessment: \_\_\_\_\_

Date (s) Assessment Updated: \_\_\_\_\_

Assessment Conducted by:  Asking Individual  Observing Individual

**Positive Behavior Supports**

After assessment, the individual identifies the two or three things needed to have a good day. These are not things that should be earned.

- 1.
- 2.
- 3.

**Categories to Explore**

**A. Environmental Preferences- such as low light,music,etc.**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

**B. Food/Drinks**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

**C. Activities/Hobbies/Sports**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

**D. Games/Toys**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.



<b>E. Books/Magazines</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>F. Music</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>G. Movies/Shows</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>H. Technology</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>I. Chores/Jobs</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>J. Subjects - such as art, science, etc.</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.



**Rae's Playze Adult Day Center**  
SEEING THROUGH THE EYES OF OTHERS

## Preference Assessment

<b>K. Special Privileges</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>L. Other Activities/Items</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>My Dreams</b>	
1.	
2.	
3.	
<b>Future Activities/Items to Explore</b>	
1.	3.
2.	4.
<b>Activities/Things I Do Not Like</b>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
<b>List any personal Milestones or Past Trauma</b>	