



**Rae's Playze Adult Day Center**  
SEEING THROUGH THE EYES OF OTHERS

# Medical History Form

Dear Physician:

Your patient is applying for enrollment at RPADC Adult Day Services. The information you provide will help ensure that he/she is given appropriate care and services while at our facility. This information will also serve in providing current medical history in the event of an emergency. Information provided on this form is confidential and will only be released with written authorization. Please attach any pertinent test results to this form. Thank you for your assistance.

Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_

first middle last

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of last physical exam: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Date and results of last chest x-ray: \_\_\_\_\_

Date and result of last TB test: \_\_\_\_\_

Date and result of last auditory exam: \_\_\_\_\_

Date and result of last visual exam: \_\_\_\_\_

Does this person require (check):  glasses  hearing aid  walker  cane  wheelchair

## DIAGNOSIS

Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_

Other diseases/conditions: \_\_\_\_\_

## ALLERGIES

Food: \_\_\_\_\_

Medication: \_\_\_\_\_

Other: \_\_\_\_\_

## PHYSICIANS' ORDER

Medications: \_\_\_\_\_

Dietary:  Regular  No Sugar Added  Diverticulosis

Physical activities/restrictions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**Rae's Playze Adult Day Center**  
 SEEING THROUGH THE EYES OF OTHERS

# Medical History Form

Participant name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	
medication:		purpose:	
specific time(s):		dose:	

**PRN MEDICATION:**



Is participant ALLOWED to have any of the following medications?

- Yes     No    Tylenol 500mg, 1-2 tablets Q4 hrs. by mouth as needed for pain
- Yes     No    Ibuprofen 200mg, 1-2 tablets Q6 hrs. by mouth as needed for pain
- Yes     No    Loperamide (Imodium) 2mg, 1-2 capsules by mouth initial dose followed by 1 capsule after each loose stool. Limit to 4 capsules daily
- Yes     No    Tums 500mg, 2-4 tablets by mouth as needed for antacid and upset stomach. Limit to 15 tablets daily
- Yes     No    Polysporin ointment, apply as needed after wound care for minor cuts or scrapes

**GENERAL INFORMATION:**

- Yes     No    Does the person require constant supervision to make sure harm is not done to self, others or property?
- Yes     No    Will this person wonder off of not closely attended?
- Yes     No    Can this person do light exercise from a sitting position, such as leg lifts arm lifts, etc.?
- Yes     No    Do you recommend any special type of activities for this client, such as group social activities, crafts activities, physical exercise, training in self-care?

**IF PARTICIPANT NEEDS SEAT BELT IN WHEELCHAIR WHILE ATTENDING DAYCARE/DAY HEALTH PROGRAM, PLEASE INDICATE:**     Yes     No

**SIGNATURE REQUIRED:**

- Yes     No    Is a special diet or other special regimen required for this patient?  
*If yes please attach or describe.*
- Yes     No    Is there a presence/degree of psychological problems

\_\_\_\_\_ I certify that I have today reviewed the health history and examined this person and find him/her physically able to participate in an adult care activity program.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
M.D., PA or Nurse Practitioner

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_